Meeting your MP

A guide for school staff

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Members of Parliament (MPs) do more than sit in the House of Commons and debate legislation.

An essential part of their role is to meet as many local constituents as possible, learn about what concerns them and campaign to raise these issues both in Parliament and with the general public.

Schools are important communities within an MP's constituency. Many parents and school staff are voters, and young people will soon be future voters.

This guide shows teachers how schools may involve their MP in meeting, listening to and supporting young campaigners under 18.

It may also be used with elected members of the devolved administrations.

This guide is written for teachers and we advise that contacting an MP is teacher-led. However, young people should have as much leadership of their MP meeting as possible.

Before your meeting

Step 1: Find your MP's contact details. Learn more

Step 2 - Send your invitation Learn more

Step 3: What should you do if your MP doesn't reply? Learn more

Step 4: Preparing for your meeting Learn more

During your meeting

Step 5- Present the campaign to your MP and make an ask. Learn more

Step 6- Make an impression Learn more

Step 7 - Record what happens Learn more